

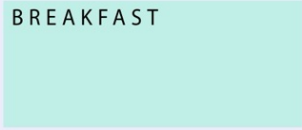
TOP THREE TASKS

- 1. _____ ○
- 2. _____ ○
- 3. _____ ○

NEXT DAY

- 1. _____ ○
- 2. _____ ○
- 3. _____ ○

BREAKFAST



LUNCH



DINNER



SNACK



HEALTH & FITNESS

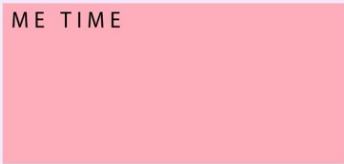


TO DO

NOTES



ME TIME



AM

NOON

PM

WHAT WAS GREAT ABOUT TODAY?

HOW CAN I MAKE TOMORROW BETTER?

